



THE HELPING HAND FUNDING APPLICATION GUIDELINES

FUNDING IS AVAILABLE?

This funding pot is for smaller community groups who are **constituted** (with maximum turnover of £10,000) and are looking for funding for low-cost resources to get groups functioning e.g., room hire, equipment, refreshments. Funding will be for the health priorities listed (reduce health inequalities and to support people to make choices in their lifestyles).

Grants up to **£500** are available to small groups for projects or activities anywhere in South Derbyshire which help to improve mental health & wellbeing and meet at least one of the following priorities:

- **reduce health inequalities** between different communities; this means giving everyone the same opportunities to lead a healthy life, no matter where they live or who they are
- **Support people to make choices in their lifestyles** that improve their physical and mental wellbeing. **The Five Ways to Wellbeing** are a set of national evidence-based actions (developed by the New Economics Foundation) which promote people's wellbeing. They are **Connect, Be Active, Take Notice, Keep Learning and Give**. These activities are simple things individuals can do in their everyday lives which have been proven to help improve people's mental and physical wellbeing
<https://www.derbyshire.gov.uk/social-health/health-and-wellbeing/mental-health-and-wellbeing/five-ways-to-wellbeing/five-ways-to-wellbeing.aspx#:~:text=Evidence%20suggests%20there%20are%205,notice%2C%20keep%20learning%20and%20give>.

You can apply at any time, by sending us a completed application form. Your application will be assessed at regular Grants Panel meetings. You will be notified of the outcome of your application within 10 days of the panel meeting.

Please send completed application forms to communitydevelopment@sdcvs.org.uk

WHAT CAN BE FUNDED?

What kind of things can a small grant pay for?

Any costs directly involved in making your project or activities happen, including:

- Small pieces of equipment
- Costs towards trips out
- Activity costs;
- Re-stocking supplies (e.g., coffee/tea/sugar/biscuits)
- Venue Hire and;
- One-off events

We will not give grants to pay for:

- Promoting religious or political beliefs;
- Any costs associated with buying land or buildings;
- Projects outside South Derbyshire – unless the delivery is in South Derbyshire
- Retrospective costs – things that have already been paid for or projects that have already taken place.
- Ongoing cost of salaries/other running costs not directly related to your project.

WHO CAN APPLY?

- Small constituted groups
- CIC's - Limited by Guarantee
- Small charities – organisations must have a committee or board with at least 3 unrelated members (by unrelated, we mean people who aren't family members such as siblings, parents/children, married couples, civil partners or people living at the same address)

Grants can't be awarded to:

- Profit-making organisations.
- Individuals (but a group of individuals can form a group to take up a grant).
- CIC's Limited by Shares
- National Charities

GUIDANCE ON COMPLETING YOUR APPLICATION

Q1: Applicant details

This should be the legal name of your organisation and contact details of the person responsible for making the application so that we can contact them if we have any questions.

Q2: Project details

Name of your project – Tell us what you want your project or activity to be called.

How your project meets the criteria for our grant funds?

This is an important question. We need you to tell us how your project matches one or more of our grant funding criteria. **Tick the priorities that apply.**

Improve Health and Wellbeing,

- reducing the health inequalities between different communities in South Derbyshire between different communities; this means giving everyone the same opportunities to lead a healthy life, no matter where they live or who they are;
- supporting people to make choices in their lifestyles that improve their physical and mental wellbeing. The Five Ways to Wellbeing are a set of national evidence-based actions (developed by the New Economics Foundation) which promote people's wellbeing. They are Connect, Be Active, Take Notice, Keep Learning and Give. These activities are simple things individuals can do in their everyday lives which have been proven to help improve people's mental and physical wellbeing.

Describe your project:

This should be a summary of the project or activity you're applying for:

- What is your project (describe your idea, when and how often will it happen?)
- Who will it help and how many (e.g., older people, adults with a mental health issue and the number of people that the project or activity will support/help);
- What difference will this make to people's lives – (as a result of your project or activities what will change for these people?) e.g., *we will run a monthly craft group for men who live alone or have caring responsibilities. As a result, they will be less socially isolated through taking part in positive activities and the chance to make friends with other men in a similar position.*

Q3: How much money are you applying for?

- We will need a breakdown of what the grant will pay for (e.g., room hire, refreshments, equipment), and how much each item will cost.

I'VE SENT IN MY APPLICATION - WHAT HAPPENS NEXT?

Applications will be assessed at regular panel meetings, and we will contact you as soon as possible after the panel have met. If your application is not successful, we will, if you wish, give you feedback on the reason for this.

We will ask you to complete an evaluation form within 12 months of receiving the funding.

CONTACT US

Please send back completed application forms and all the accompanying documentation to communitydevelopment@sdcvs.org.uk or by post to Development Team, South Derbyshire CVS, The Hive, Top Floor Unit G, Sharpe's Industrial Estate, Alexandra Road, Swadlincote DE11 9AZ